

**AUTUMN/  
WINTER  
2026**

# **SIMPLICITY BLENDED ALLERGY AWARE - MEAT & VEGETARIAN**

This menu is suitable for children with an allergy and/or intolerance within the 14 main EU allergens.

This menu contains **FISH, SOYA AND MILK.**

If a pupil has a food allergy or intolerance to **FISH, SOYA AND MILK** they should be provided with an alternative meal or dessert choice from this menu for that day (E.g. SD Tomato Pasta or Jacket Potato)

Any allergens warning are shown in **RED**

**NOTE:** All special diet recipes will be noted with '**SD**' in front of the recipe. If '**SD**' is stated, please ensure you are following the special diet recipe of the dish.

**OPERATOR:** If selector recipes have been used, please refer to the allergy aware selector menu to align to school's menu please cross check the allergens to ensure no additional allergens are present.

# AUTUMN/ WINTER 2026

## STOP AND THINK!

Have you completed  
the double-checking  
confirmation sheet?



# WEEK 1

W/C: 02/11/2026, 23/11/2026, 14/12/2026, 04/01/2027,  
25/01/2027, 15/02/2027, 08/03/2027, 29/03/2027

## SIMPLICITY - BLENDED ALLERGY AWARE MEAT & VEG

|           | MONDAY                                                        | TUESDAY                           | WEDNESDAY                                                    | THURSDAY                   | FRIDAY                                   |
|-----------|---------------------------------------------------------------|-----------------------------------|--------------------------------------------------------------|----------------------------|------------------------------------------|
| MAIN DISH | SD Garlic and Herb Chicken with Sweet Potatoes                | SD Chicken and Sweetcorn Pasta    | SD Chicken and Roast Potatoes And Gravy                      | SD Chicken Curry and Rice  | SD Fish & Chips<br><b>CONTAINS FISH</b>  |
|           | SD Cheese and Tomato Pasta<br><b>CONTAINS MILK &amp; SOYA</b> | SD Beany Pasta                    | SD Veg Pie with Potato Top and Gravy<br><b>CONTAINS MILK</b> | SD Chickpea Curry and Rice | SD Vegetable Paella                      |
| VEG       | All main meals are served with two vegetables.                |                                   |                                                              |                            |                                          |
| DESSERT   | Fresh Watermelon<br>Or Honeydew Melon                         | SD Mango & Orange Frozen Smoothie | SD Vanilla Dessert Pot<br><b>CONTAINS SOYA</b>               | <u>SD</u><br>Jelly Squeeze | SD Shortbread<br><b>CONTAINS GF OATS</b> |

### AVAILABLE DAILY

- ✓ Jacket Potato with Baked Beans or Vegan Cheese (93034839 / 93227189)
- ✓ Cool Water, SD Coconut Yoghurt (93200113) and Fresh Fruit (93232823)

SD = SEPARATE SPECIAL DIET RECIPE

## ONLY SERVE WHAT IS ON THIS MENU!

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

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# WEEK 2

W/C: 09/11/2026, 30/11/2026, 21/12/2026, 11/01/2027,  
01/02/2027, 22/02/2027, 15/03/2027

## SIMPLICITY - BLENDED ALLERGY AWARE MEAT & VEG

|              | MONDAY                                                | TUESDAY                    | WEDNESDAY                                                       | THURSDAY                             | FRIDAY                                  |
|--------------|-------------------------------------------------------|----------------------------|-----------------------------------------------------------------|--------------------------------------|-----------------------------------------|
| MAIN<br>DISH | SD Garlic and Herb Chicken with<br>Sweet Potatoes     | SD Beef Chilli & Rice      | SD Chicken and Roast Potatoes<br>And Gravy                      | SD Beef Bolognese Pasta              | SD Fish & Chips<br><b>CONTAINS FISH</b> |
|              | SD Macaroni Cheese<br><b>CONTAINS MILK &amp; SOYA</b> | SD Chickpea Curry and Rice | SD Veg Pie with Potato Top<br><b>CONTAINS MILK</b><br>And Gravy | SD Beany Pasta                       | SD Vegetable Paella                     |
| VEG          | All main meals are served with two vegetables.        |                            |                                                                 |                                      |                                         |
| DESSERT      | SD Shortbread<br><b>CONTAINS GF OATS</b>              | <u>SD</u><br>Jelly Squeeze | SD Vanilla Dessert Pot<br><b>CONTAINS SOYA</b>                  | SD Mango & Orange Frozen<br>Smoothie | Fresh Watermelon<br>Or Honeydew Melon   |

### AVAILABLE DAILY

- ✓ Jacket Potato with Baked Beans or Vegan Cheese (93034839 / 93227189)
- ✓ Cool Water, SD Coconut Yoghurt (93200113) and Fresh Fruit (93232823)

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Schools

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# WEEK 3

W/C: 16/11/2026, 07/12/2026, 28/12/2026, 18/01/2027,  
08/02/2027, 01/03/2027, 22/03/2027

## SIMPLICITY - BLENDED ALLERGY AWARE MEAT & VEG

|              | MONDAY                                         | TUESDAY                                        | WEDNESDAY                                                     | THURSDAY                          | FRIDAY                                  |
|--------------|------------------------------------------------|------------------------------------------------|---------------------------------------------------------------|-----------------------------------|-----------------------------------------|
| MAIN<br>DISH | SD Chicken and Sweetcorn Pasta                 | SD Garlic and Herb Chicken with Sweet Potatoes | SD Chicken and Roast Potatoes And Gravy                       | SD Beef Bolognese Pasta           | SD Fish & Chips<br><b>CONTAINS FISH</b> |
|              | SD Beany Pasta                                 | SD Chickpea Curry and Rice                     | SD Cheese and Tomato Pasta<br><b>CONTAINS MILK &amp; SOYA</b> | SD Vegetable Paella               | SD Beany Pasta                          |
| VEG          | All main meals are served with two vegetables. |                                                |                                                               |                                   |                                         |
| DESSERT      | SD Shortbread<br><b>CONTAINS GF OATS</b>       | SD Vanilla Dessert Pot<br><b>CONTAINS SOYA</b> | SD<br>Jelly Squeeze                                           | SD Mango & Orange Frozen Smoothie | Fresh Watermelon<br>Or Honeydew Melon   |

### AVAILABLE DAILY

- ✓ Jacket Potato with Baked Beans or Vegan Cheese (93034839 / 93227189)
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