



# Lockyer's Middle School PSHE Coverage

## Year 6

| Lesson | <b><u>Unit 1 - Respect</u></b>                                                                       | Where an RSHE statement is covered. |
|--------|------------------------------------------------------------------------------------------------------|-------------------------------------|
| 1      | Identify what constitutes a positive, healthy relationship.                                          | RSHE                                |
| 2      | Justify why mutual respect is important in relationships and know practical steps to establish this. | RSHE                                |
| 3      | Recognise times when it is appropriate and necessary to break a confidence.                          | RSHE                                |
| 4      | Recognise how self-respect links to happiness.                                                       | RSHE                                |
|        |                                                                                                      |                                     |
|        | <b><u>Unit 2 - Diverse Britain</u></b>                                                               |                                     |
| 1      | Know there is a local and national government.                                                       |                                     |
| 2      | Discuss the terms democracy and human rights in relation to local and national government.           |                                     |
| 3      | Know about the lives, values and customs of people living in the UK.                                 |                                     |
| 4      | Identify some consequences of prejudice behaviour.                                                   | RSHE                                |
| 5      | Understand some ways they can combat prejudiced behaviour.                                           |                                     |
| 6      | Be critical of what they see and read in the media.                                                  | RSHE                                |
|        |                                                                                                      |                                     |
|        | <b><u>Unit 3 - Health and Wellbeing.</u></b>                                                         |                                     |
| 1      | Recognise the warning signs about mental health and wellbeing.                                       |                                     |
| 2      | Explain how to seek support for myself and others.                                                   | RSHE                                |
| 3      | Justify the importance of self care when looking after our mental health.                            | RSHE                                |
| 4      | Explain how to improve self esteem.                                                                  | RSHE                                |
| 5      | Make the link between physical activity and mental health.                                           | RSHE                                |
| 6      | Explain the age restrictions that keep us safe for alcohol and smoking.                              | RSHE                                |
|        |                                                                                                      |                                     |



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|   | <b><u>Unit 4 - Relationships</u></b>                                                 |      |
|---|--------------------------------------------------------------------------------------|------|
| 1 | To understand the characteristics of a safe and happy family life.                   | RSHE |
| 2 | To know that families can look different.                                            | RSHE |
| 3 | Recognise the link between changes at puberty, reproduction and the start of a baby. | RSHE |
| 4 | Determine what is needed for a marriage or civil partnership.                        | RSHE |
|   |                                                                                      |      |
|   | <b><u>Unit 5 - Money Matters</u></b>                                                 |      |
| 1 | Know how finance plays an important part in people's lives.                          |      |
| 2 | Understand loan, interest and debt.                                                  |      |
| 3 | Know how the wrong choices can affect wellbeing.                                     |      |
| 4 | Be a critical consumer and know about good value.                                    |      |
| 5 | Know that people pay 'tax' to contribute towards society.                            |      |
| 6 | Recognise routes into financial careers.                                             |      |