

Suggested Activity kit list

Packed lunch for first day

General

Drinks bottle (this will be refilled each day for lunch)
Plenty of old clothes
Small day rucksack
Towel X 2 (one for washing and one for wet activities)
Wash things
Hat / Gloves
Torch
Black bag (for dirty or wet kit to be taken home)
Comfy shoes/slippers (for inside the hostel)
Sun cream / Insect repellent

Water Activities

Trainers to wear into the water (Wetsuit boots or beach shoes are **not** acceptable – please bring trainers)
Swimwear
Towel
Full Change of clothes including warm jumper or fleece

Please note wetsuits will be used for watersports if the weather is inclement otherwise old clothes can be worn with a spare pair of dry clothes to change into after the activity.

Land Activities

Waterproof Jacket (& trousers although not essential)
Tracksuit bottoms or similar (**No Jeans**)
Warm jumper or fleece,
Long sleeve tops
Stout footwear

-This list is a suggested kit list, please ensure you have plenty of spare clothing due to the nature of activities and the weather, clothes can get wet so it's important to bring enough to ensure a dry set is available.

-Shoes are also important; please ensure you have a pair for getting wet in plus a pair for dry activities, plus a pair for inside are ideal.

-Weather is unpredictable at the best of times not more so than on Dartmoor, please ensure you bring appropriate clothing for all weather.

-Money, we have a small shop on site, which sells souvenirs, drinks and sweets, so you may want to bring a small amount of money.

-mobile phones and electronic games are not permitted; members of staff will have mobiles and there is a phone on site. It also ensures that these items are not lost or damaged.